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Education 7201

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Wiki 3

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Statement of the Problem:

Students with challenging behaviors in general education settings can deter their academic progress as well as their peers. External measures, such as office referrals and parent-teacher conferences are often used to address the issue. However, studies show that “teachers feel that they have not been sufficiently prepared to deal with challenging behavior, that they perceive themselves to be ineffective, that they often lack support, and that their students’ behavior often leads to increased stress” (Westling, 2010). Teacher-centered strategies of behavioral management often leave students with challenging behavior with repeat offenses and teachers that simply do not know how to handle them.

Research Hypothesis:

Training a group of 15 1st grade students, at P.S. X in Brooklyn, New York, with challenging behavior to use self-monitoring strategies to manage their behavior will show a decrease in disruptive behaviors over a four-week period.

References:

Westling, David L. (2010). Teachers and challenging behaviors: knowledge, views, and

practices. *Remedial and Special Education*, *31*(1), 48.